

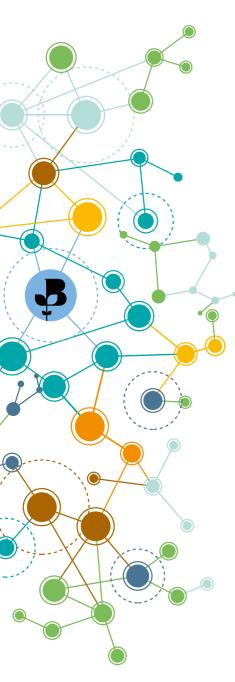
## Facing redundancy in the oil and gas industry? Already been made redundant from the oil and gas industry?

The Chamber are well known for connecting people, opening doors and helping people 'join the dots'. We are offering a programme, funded by the Transition Training Fund, to support and mentor middle and senior executives unemployed due to the downturn in the oil and gas industry to transition into employment.

The aims of the programme are to create your new brand, open your eyes to new industry sectors, build selfconfidence and help you recognise your transferrable skills. This will be done within the support network of others on the programme.

## Executive springboard





## What's involved?

As a candidate on the programme you will receive the following during the short term and intensive engagement (activity phase) followed by longer term advice and support (up to nine months):

Twelve months full membership of Aberdeen & Grampian Chamber of Commerce.

Attendance at four Business Breakfasts or lunch & learn networking events at no cost. At least two of these will be during the activity phase.

Six programmes from the following suite of learning modules:

- Resilience, survive and thrive (compulsory)
- How to network effectively (compulsory)
- Building a winning CV (compulsory)
- Interviewing essentials with professional and peer review (compulsory)
- Putting your skills to work
- Social media developing your recruitment profile
- Understanding psychometric tests
- Finance for non-financial managers
- HR for non-HR managers
- Contracting & consulting what's the set up?

Offer of a strengths profiler and evaluation supplemented by a one-to-one discussion and mentoring session with a member of the Chamber senior management team or Chamber board member.

For more details and to apply visit www. agcc.co.uk/developing-skills/executivespringboard